



pullman
HOTELS

**PULLMAN
PARIS LA DÉFENSE**



UP YOUR GAME



WELCOME HOME

We have introduced intensified hygiene & prevention measures to ensure your safety.

The **ALLSAFE** label verified by Clifton represents our new elevated cleanliness protocols and standards and provides assurance that these standards have been met in our hotels.



WELCOME HOME

WELCOME TO LA DÉFENSE

SLEEP

MEET

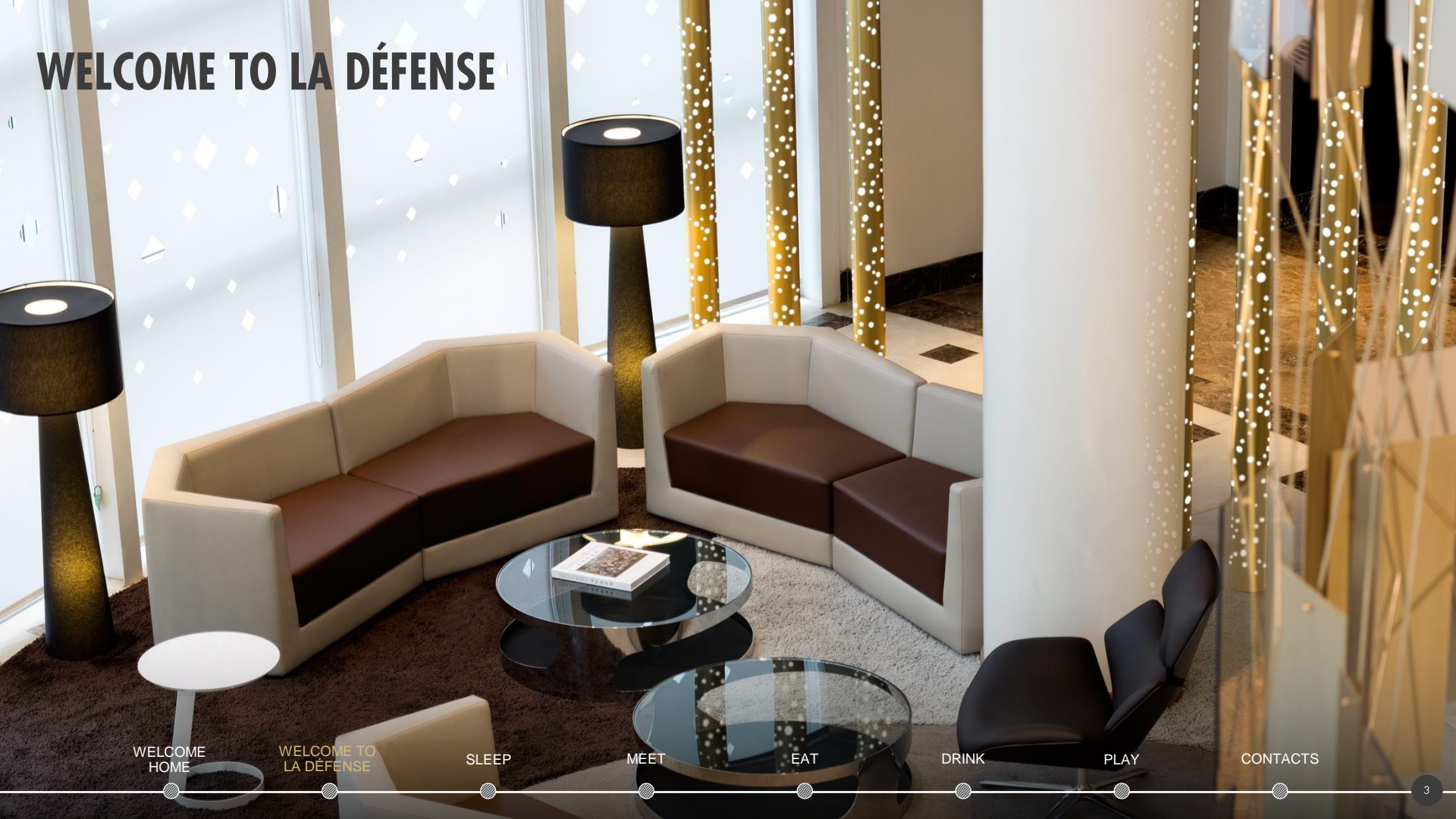
EAT

DRINK

PLAY

CONTACTS

WELCOME TO LA DÉFENSE



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WELCOME TO LA DÉFENSE



CHARLES DE GAULLE AIRPORT



LA DÉFENSE



ARC DE TRIOMPHE



SACRÉ CŒUR



TOUR EIFFEL



BASTILLE

TOUR MONTPARNASSE



BERCY



CHÂTEAU DE VERSAILLES



Orly : 1h*
Roissy CDG : 1h*

Gare de Lyon, Gare St
Lazare & Gare du
Nord : 20 min*

Montparnasse Train
Station : 35 min*

Tram 2 : 3 min walk
from the hotel

RER A
Metro line 1
9 min walk
from the hotel

By public transports

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WELCOME TO LA DÉFENSE



2min
walk



8min
walk



13min
walk



11min
walk



20min
walk



25min
walk

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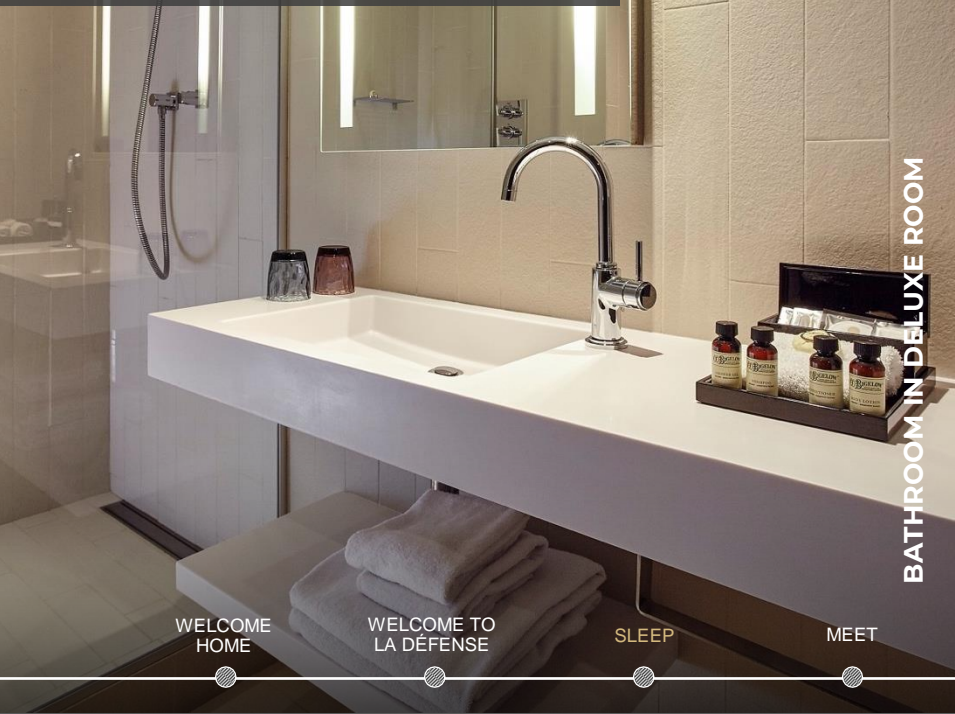
PLAY

CONTACTS

SLEEP

382 ROOMS | 153 TWINS

80 classics double | 95 classics twin
73 superiors double | 48 superiors twin
45 deluxe double | 10 deluxe twin



BATHROOM IN DELUXE ROOM

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DELUXE TWIN ROOM

EAT

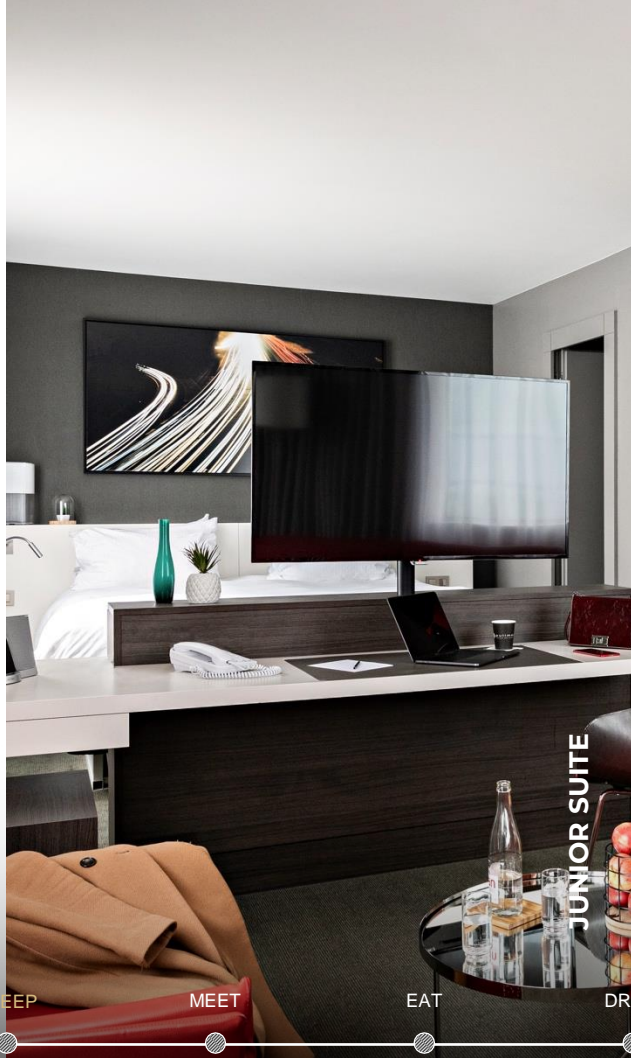
DRINK

PLAY

CONTACTS

SLEEP

27 Junior Suites of 72 sq m | 775 sq ft
3 Appartement suites of 72 sq m | 775 sq ft
1 Presidential suite of 100 sq m | 1076 sq ft



MEET

10 meeting spaces from 26 to 190 square meters (280 to 2045 square feet) in daylight and divided between two floors :

MEZZANINE

1st FLOOR

From 8 to 190 people



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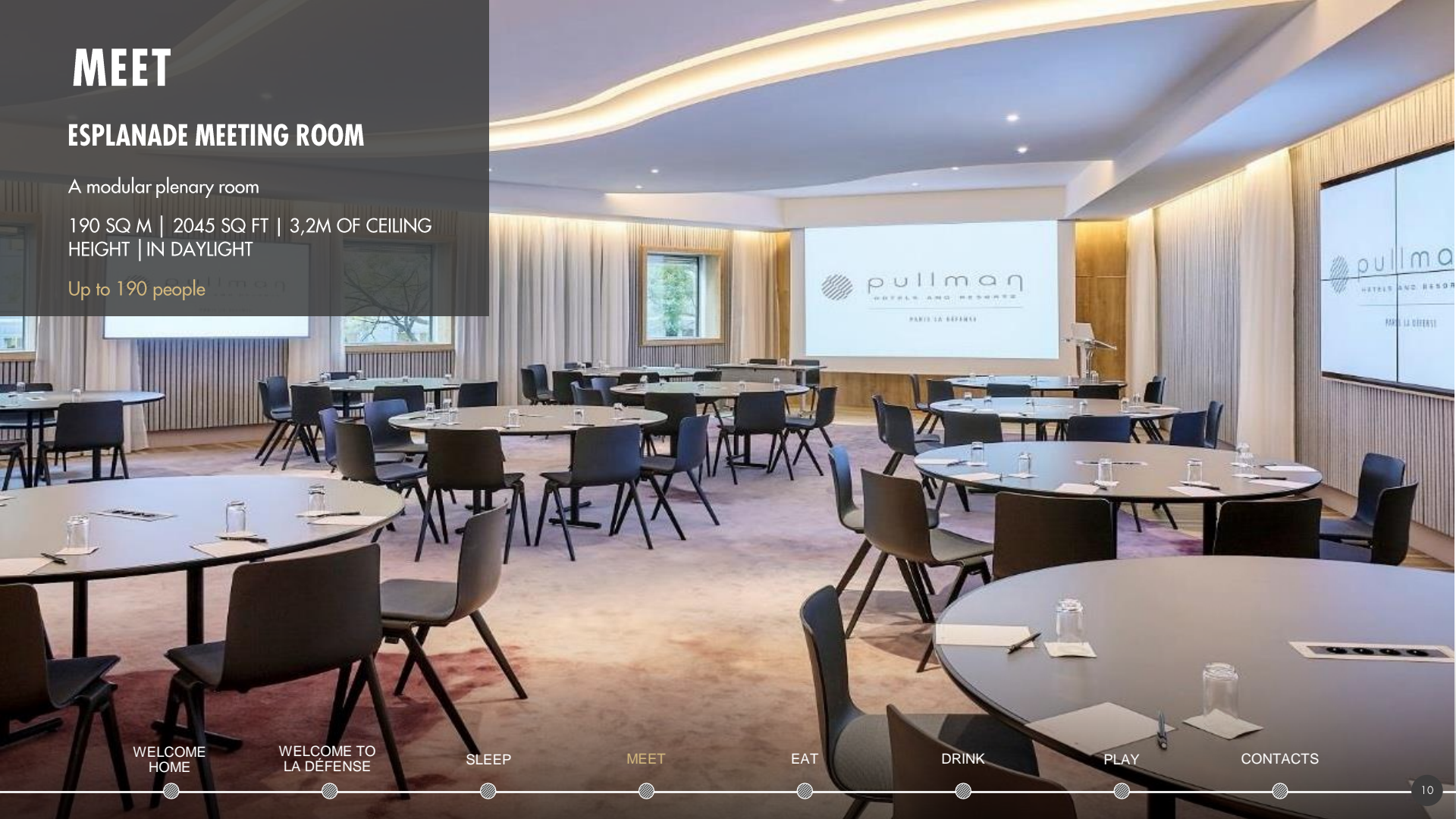
MEET

ESPLANADE MEETING ROOM

A modular plenary room

190 SQ M | 2045 SQ FT | 3,2M OF CEILING
HEIGHT | IN DAYLIGHT

Up to 190 people



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PLAY

CONTACTS

MEET

MEZZANINE

MEETING ROOMS CAPACITIES

| ROOM | SURFACE (M ²) | HEIGHT (M) |  THEATER |  U-SHAPE |  BOARD |  CLASSROOM |  COCKTAIL |  CABARET |  BANQUET ROUNDS |  SEATED BUFFET |
|------------------|---------------------------|------------|---|---|--|---|--|---|--|---|
| MEZZANINE | | | | | | | | | | |
| Esplanade | 190 | 3,20 | 190 | 36 | 40 | 82 | 180 | 96 | 140 | - |
| Arche 1 & 2 | 132 | 3,17 | 120 | 40 | 46 | 44 | 110 | 60 | 100 | 80 |
| Arche 1 | 66 | - | 30 | 16 | 20 | 18 | 60 | 30 | 50 | 40 |
| Arche 2 | 66 | - | 30 | 16 | 20 | 18 | 60 | 30 | 50 | 40 |

MEET

1st FLOOR



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MEET

EAT

DRINK









PLAY

CONTACTS

MEET

1st FLOOR

MEETING ROOMS CAPACITIES

| ROOM | SURFACE (M ²) | HEIGHT (M) |  THEATER |  CLASSROOM |  U-SHAPE |  BOARD |  CABARET |  BANQUET (TABLE OF 5) |  BANQUET (TABLE OF 10) |  BUFFET SEATED (TABLE OF 10) |
|-----------------------------|---------------------------|------------|---|---|--|---|---|--|---|---|
| 1ST FLOOR | | | | | | | | | | |
| Défense | 80 | 2,50 | 70 | 24 | 28 | 30 | 75 | 36 | 60 | 50 |
| Reflét | 37 | 2,50 | – | 14 | 16 | – | – | - | - | – |
| Parvis | 26 | 2,50 | – | 7 | 8 | – | – | 9 | 8 | – |
| Valmy | 37 | 2,50 | – | 14 | 16 | – | – | 12 | 16 | – |
| Paris 1 & 2 | 190 | 2,60 | 100 | 50 | – | 50 | 180 | 66 | 150 | 140 |
| Paris 1 | 95 | 2,60 | 50 | 25 | – | 25 | 90 | 30 | 60 | 60 |
| Paris 2 | 95 | 2,60 | 50 | 25 | – | 25 | 90 | 30 | 60 | 60 |
| Coworking | 22 | - | 18 | 6 | 8 | - | - | - | - | - |
| 2ND FLOOR | | | | | | | | | | |
| Vinoteca | 78 | 3,00 | 60 | 20 | 24 | 20 | 60 | 35 | 50 | 40 |

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EAT

QUINTE & SENS RESTAURANT

Bistronomic cooking with authentic flavours

Spacious and light-filled dining room that can accommodate up to 105 people



VINOTECA

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MODERN RESTAURANT



OUTDOOR TERRACE

(only open during summer time)

PLAY

CONTACTS

EAT

PARIS, BANQUET ROOM

Privatizable for your group breakfasts, lunches and dinners

Up to 150 people in banquet tables, in 140 people seated buffet



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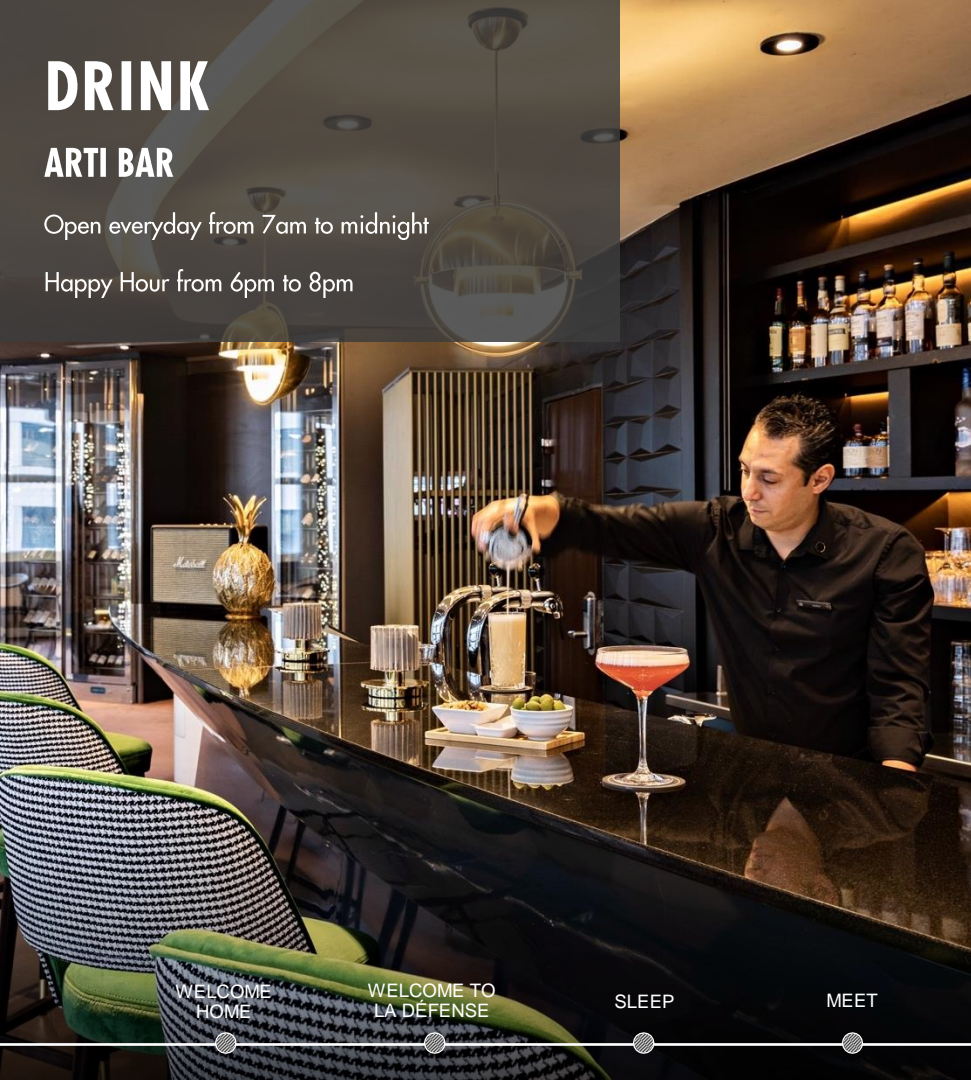
CONTACTS

DRINK

ARTI BAR

Open everyday from 7am to midnight

Happy Hour from 6pm to 8pm



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Fitness room open 24/7 equipped with high technology machines

Hammam room

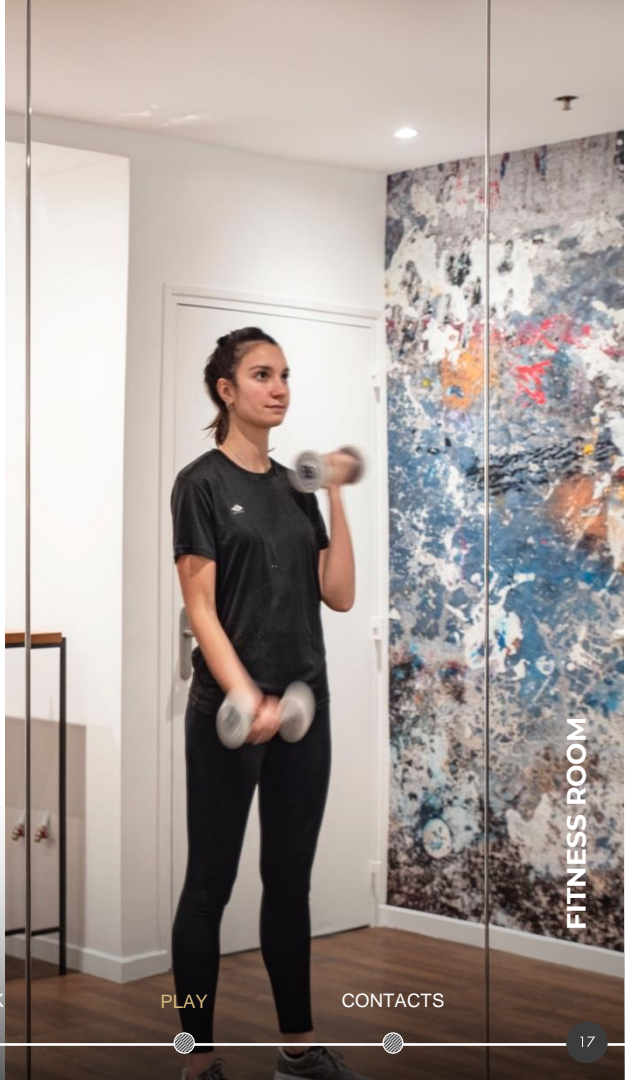
Massage available upon booking every day



MASSAGE ROOM



HAMMAM



FITNESS ROOM

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CONTACTS



PULLMAN PARIS LA DÉFENSE

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